

# Integrated Cranial Biodynamics

July 22 til 27, 2018

Académie des Arts Thérapeutiques, Geneva



## The Dynamic Stillness of Being

The purpose of Integrated Cranial Biodynamic study seminars, is to offer to the student the discovery of gentle and dynamic stillness, for incorporation into their existing practice.

To facilitate this process, the student will become familiar with the significance of integrated gentle touch, through an understanding, an appreciation of deep listening.

This demands a quality of being present for the client. We discover something beyond the technique to reach a goal, to reach a target, to fix . . . .

We explore the relationship between the facilitator and the client by discovering the art of how to know ourselves through self-inquiry.

Clinical anatomy needs to be the stage upon which deep dynamic stillness permeates.

***The seminar is delivered in English***

Further information contact rosemary [www.integrated-cranial-workshop.com](http://www.integrated-cranial-workshop.com)

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# Graceful Living a Threshold into Dying/Thanatology

July 13 til 17, 2018

Académie des Arts Thérapeutiques, Geneva



Nothing, it is said, teaches us more about living than dying : but if so, isn't it odd how little we face up to death : and isn't it odd that modern societies, which appear so keen to find meaning in the business of living, push death to the periphery, minimizing our contact with it and sanitizing its impact !

The purpose of the seminar is to discover, to learn through investigation, to discover within the self the barriers and fears associated with death and dying ~ the fears and barriers we create living each day

We will welcome silence, experience quiet reflection, dialog, inner inquiry : ponder expectation and conditioning

We will consider our own death and the death of our loved ones: we will inquire into being with others in their final days of living

We will inquire into the social, ethical and spiritual implications, regarding the physiological and psychological effects on the body regarding loss, stress, fear, disbelief, isolation, anger, bargaining, pain, grief, sorrow, depression and despair

We will watch movies and talks as a resource to inspire, to motivate, to astonish, to surprise

***The Seminar is delivered in English***

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